

#PROTECT THE NEST

As River Hawks, we all have a responsibility to help prevent or stop a harmful situation from occurring. How will you intervene to keep our nest safe?

DIRECT

Ask the person who is doing the harm to stop or ask the person who is being harmed if they need help.

"Hey, what are you doing?
That's not okay."

DISTRACT

Do something to create a distraction/diversion to interrupt the harm.

"A bunch of us are going to grab something to eat. Want to join?"

DELEGATE

Ask a friend, someone nearby, or a professional staff member to help.

"Can someone go distract them while I call a staff member?"



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Ask the person who is doing the harm to stop or ask the person who is being harmed if they need help.

"You need to stop that. It's not okay with me."

DISTRACT

Do something to create a distraction/diversion to interrupt the harm.

"Did you order pizza? Let's go get some!"

DELEGATE

Ask a friend, someone nearby, or a professional staff member to help.

"Let's all go check and see if that person is okay."



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Ask the person who is doing the harm to stop or ask the person who is being harmed if they need help.

"Ok, boomer.
That's not cool."

DISTRACT

Do something to create a distraction/diversion to interrupt the harm.

"I haven't seen you in FOREVER. We have to catch up. Right now!"

DELEGATE

Ask a friend, someone nearby, or a professional staff member to help.

"Let's call
an RA."



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GET TRAINED

Sign up for a green dot bystander intervention training!

Bring a training to your organization/department.

SAY IT WITH A PIN

Display a #ProtectTheNest pin or sticker.

Hang a poster or use a Green Dot virtual background.

START A CONVO

Post a bystander story on social media.

Talk to friends/family about bystander intervention.

Start meetings with a scenario & ask for interventions.

"No one has to do everything, but everyone has to do something."

